

PANACEA™

Pain Advocacy Nurse in Aged Care
for Education & Assessment

Leading the way in
pain awareness in the
aged care environment.

Take part in this program designed to assist
with implementation of best practice pain
management guidelines in aged care

45–93%
of residents in aged
care facilities have
chronic pain^{1,2}

There is a
disconnect between
the nursing record of
pain and the residents'
reporting of pain^{1,3}

Let's start the conversation

Only **56%**
of residents with
dementia receive
pain medication⁴

References

- 1 Abdulla A, *et al.* Guidance on the management of pain in older people. *Age and Ageing* 2013; 42:i1-i57.
- 2 AGS Panel on persistent pain in older persons. The management of persistent pain in older persons. *JAGS* 2002;50:S205-S224.
- 3 McClean WJ, Higginbotham NH. Prevalence of pain among nursing home residents in rural New South Wales. *Med J Aust* 2002;177:17-20.
- 4 Reynolds KS, *et al.* *J Pain Symptom Manage* 2008;35:388-96.

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Program

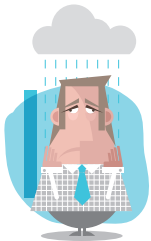
The PANACEA program provides a service to assist aged care organisations with implementation of best practice pain management guidelines in aged care.

Aims & objectives

The program aims to achieve in aged care:

- timely and comprehensive pain assessment
- better pain awareness and identification (pain-vigilant culture)
- enhanced knowledge in multimodal approaches to pain management
- optimal monitoring of effectiveness and side effects of treatments

Leading to improvement in resident outcomes and quality of life.



Improvements in:

- identifying
- assessing and
- responding to chronic pain.

No charge

The program development and materials, as well as the service provided to implement the program, will be offered at no charge to the aged care group.



JOIN US AND BE PART OF PANACEA!

Contact our PANACEA Program Facilitators for more information:

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Mundipharma – 'Live well, age well'

Mundipharma is established as a leader in the development and provision of pain medication. Working in partnership with healthcare professionals, Mundipharma's ultimate aim is to improve patient care and quality of life through educational activities. The PANACEA program is one of these activities.

Mundipharma educational programs in aged care



Engage. Inform. Inspire.™

**Aged Care Channel (ACC) for the program
See Change. Think Pain. Pain management
for people with dementia**



**A medical education website for
Australian healthcare professionals**



**Aged Care Pain Management
Master Class**



Facility in-service education



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